



A Statement from the City Council Suicide Prevention Month 2024

The Rancho Cucamonga City Council extends its deepest condolences to the families, friends, and entire Rancho Cucamonga community affected by the recent tragic losses. Our hearts are with everyone who is grieving during this difficult time.

In light of these heartbreaking events, we want to remind everyone of the importance of connection and support. If you or someone you know is struggling, please reach out for help. Your well-being matters, and resources are available to support you.

As part of the City's ongoing commitment to the safety of our residents, we are in discussions with Caltrans to explore ways to enhance the physical safety of the overpass in question. Our goal, to the extent feasible, is to prevent similar tragedies in the future.

Through the Healthy RC initiative, with our school districts, and other community partners, the City of Rancho Cucamonga has built and maintains strong partnerships to bring additional mental health resources to our community. We recognize the importance of mental health for the well-being of our residents, and the City is dedicated to creating spaces where everyone feels supported, safe, and heard.

September is National Suicide Prevention Month, and now more than ever, it is important to foster open dialogue about mental health. Together, we can build a stronger, more compassionate community where no one feels alone.

Remember, it's okay to ask for help, and as a community, we have an obligation to be there for each other. If you or someone you know is struggling, help is available:

- **Crisis Text Line:** Text "HELLO" to 741741
- **Suicide and Crisis Lifeline:** Text, call, or chat 988
- **CA Youth Crisis Line:** Call or text 1-800-843-5200 (available 24/7)
- **Local Bereavement Support Groups:** Visit <https://bit.ly/3XKXiT5>

For more information on Healthy RC and mental health resources, please visit www.HealthyRC.com